

# Style & Clothing Checklist

excerpted from

**THE SMART WOMAN'S GUIDE TO STYLE & CLOTHING:  
A Step-by-Step Process for Creating the Perfect Wardrobe**  
by Kara Lane



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1. Rank your wardrobe needs based on your lifestyle categories: Ultra Casual, Casual, Dressy Casual, Dressy, and Business. To refresh your memory of the lifestyle category definitions, revisit **Step 1** from the book.
  - a. Lifestyle Need 1:
  - b. Lifestyle Need 2:
  - c. Lifestyle Need 3:
  - d. Lifestyle Need 4:
  - e. Lifestyle Need 5:
2. Choose the classics you would most like to have in your wardrobe. To refresh your memory of the classics, revisit **Step 2** from the book.
  - a. Classic 1:
  - b. Classic 2:
  - c. Classic 3:
  - d. Classic 4:
  - e. Classic 5:
3. Choose your favorite neutral colors for your clothing. To refresh your memory of neutral colors, revisit **Step 3** from the book.
  - a. Neutral Color 1:
  - b. Neutral Color 2:
  - c. Neutral Color 3:
  - d. Neutral Color 4:

- e. Neutral Color 5:
4. Choose the additional colors you would most like to include in your wardrobe. To refresh your memory of the colors that flatter your skin tone, revisit **Step 3** from the book.
    - a. Color 1:
    - b. Color 2:
    - c. Color 3:
    - d. Color 4:
    - e. Color 5:
  5. Choose your favorite patterns. To refresh your memory of classic patterns, revisit **Step 3** from the book.
    - a. Pattern 1:
    - b. Pattern 2:
    - c. Pattern 3:
    - d. Pattern 4:
    - e. Pattern 5:
  6. Choose the styles and themes that best describe your personal style. To refresh your memory of common styles and themes, revisit **Step 3** from the book.
    - a. Style 1:
    - b. Style 2:
    - c. Style 3:
    - d. Theme 1:
    - e. Theme 2:
    - f. Theme 3:
  7. Choose the clothing styles that flatter your body type and fit your personality. To refresh your memory of styles that flatter each body type, revisit **Step 4** from the book.
    - a. Clothing Style 1:
    - b. Clothing Style 2:
    - c. Clothing Style 3:
  8. Choose the fabrics you prefer most for your wardrobe. To refresh your memory of natural and synthetic fabrics, revisit **Step 5** from the book.
    - a. Fabric 1:
    - b. Fabric 2:
    - c. Fabric 3:
  9. Choose the strategies you would like to use to reduce the quantity of clothing you need. To refresh your memory of the strategies, revisit **Step 5** from the book.
    - a. Strategy 1:
    - b. Strategy 2:
    - c. Strategy 3:
    - d. Strategy 4:

- e. Strategy 5:
10. Choose your favorite styles of shoes. To refresh your memory of shoe styles, revisit **Step 6** from the book.
    - a. Flats:
    - b. Sandals:
    - c. Boots:
    - d. Pumps:
    - e. Sneakers:
  11. Choose your favorite styles of handbags. To refresh your memory of handbag styles, revisit **Step 6** from the book.
    - a. Handbag Style 1:
    - b. Handbag Style 2:
    - c. Handbag Style 3:
  12. Choose your favorite styles of jewelry. To refresh your memory of jewelry styles, revisit **Step 6** from the book.
    - a. Necklace Styles:
    - b. Earring Styles:
    - c. Bracelet Styles:
    - d. Ring Styles:
  13. Choose your favorite wardrobe brands. To refresh your memory of recommended brands, revisit **Step 7** from the book.
    - a. Clothing Brands:
    - b. Shoe Brands:
    - c. Handbag Brands:
    - d. Jewelry Brands:
  14. Choose your favorite stores. To refresh your memory of recommended stores, revisit **Step 7** from the book.
    - a. Store 1:
    - b. Store 2:
    - c. Store 3:
    - d. Store 4:
    - e. Store 5:
  15. Choose your favorite color combinations. To refresh your memory of colors that combine well, revisit **Step 8** from the book.
    - a. Color Combo 1:
    - b. Color Combo 2:
    - c. Color Combo 3:
    - d. Color Combo 4:
    - e. Color Combo 5:

16. Choose your favorite style resources. To refresh your memory of recommended style resources, revisit **Step 8** from the book.
  - a. Style Resource 1:
  - b. Style Resource 2:
  - c. Style Resource 3:
  - d. Style Resource 4:
  - e. Style Resource 5:
  
17. Schedule your next decluttering and organizing session. To refresh your memory on how best to declutter and organize, revisit **Step 9** from the book.
  - a. Date of your next decluttering and organizing sessions:
  - b. Where you will have clothes altered or repaired:
  - c. Where you will have shoes & handbags altered or repaired:
  - d. Where you will sell items you no longer want:
  - e. Where you will donate items you no longer want:
  
18. Note any rules you choose to follow when you shop for clothing. Example 1: *Only buy straight-leg, mid-rise jeans.* Example 2: *Stick to 3 heel heights for shoes: flat, 1-inch, and 3-inches.* Example 3: *Do not buy any more black pants...have too many already.*
  - a. Rule 1:
  - b. Rule 2:
  - c. Rule 3:
  - d. Rule 4:
  - e. Rule 5:
  
19. Choose the wardrobe pieces you would like to buy next. Be as specific as possible. Example: *Black, mid-length trench coat.*
  - a. Wardrobe Piece 1:
  - b. Wardrobe Piece 2:
  - c. Wardrobe Piece 3:
  - d. Wardrobe Piece 4:
  - e. Wardrobe Piece 5:
  
20. Questions to ask yourself before you buy a new item for your wardrobe:
  - a. **Do I love it?**  
*Yes = You love how it looks and feels on you*
  - b. **Do I need it?**  
*Yes = It fits your lifestyle & you have something to wear with it*

**Your Notes:**

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**For more information on how to create the perfect wardrobe, read:**

***[The Smart Woman's Guide to Style & Clothing](#)***

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